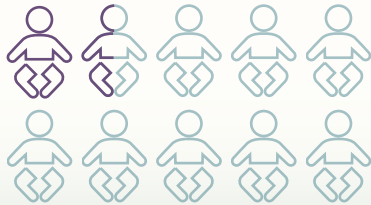
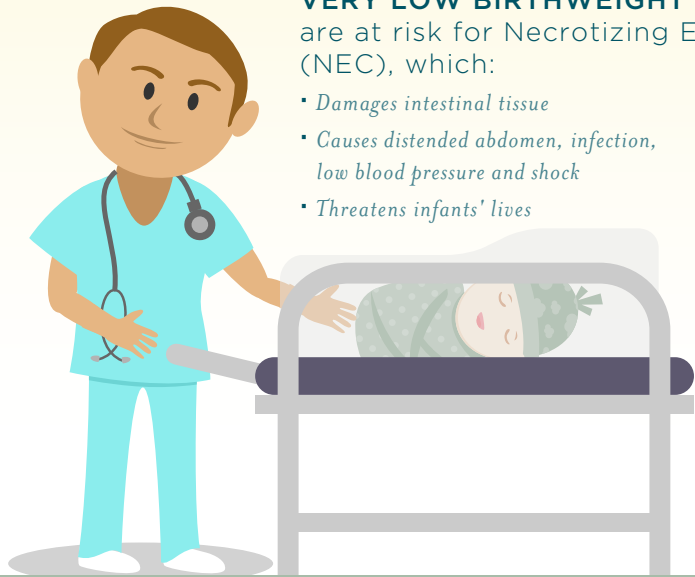


# Why **PREMATURE INFANTS** Need Access to an **EXCLUSIVE HUMAN MILK DIET**



In the United States, more than **1 IN 10** BABIES ARE BORN PREMATURE. Very low birthweight babies are born severely premature, weighing less than 1,250 grams.

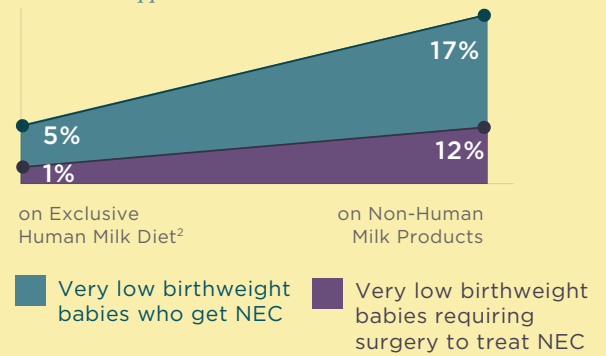


**VERY LOW BIRTHWEIGHT BABIES** are at risk for Necrotizing Enterocolitis (NEC), which:

- Damages intestinal tissue
- Causes distended abdomen, infection, low blood pressure and shock
- Threatens infants' lives

NEC occurrence increases when a preemie consumes non-human milk products.

When that happens:



**30%** of very low birthweight babies needing surgery will die from NEC<sup>3</sup>

## HOW TO HELP PREVENT NEC: **EXCLUSIVE HUMAN MILK DIET**

What is an Exclusive Human Milk Diet?



**NO** cow's milk



**NO** sheep's milk



**NO** goat's milk



**NO** formula



- ✓ mother's milk
- ✓ human donor milk
- ✓ human milk-based fortifier

## Why Is An **Exclusive Human Milk Diet** Important?

An Exclusive Human Milk Diet gives vulnerable infants the best chance to be healthy and reduces the risk of NEC and other complications.

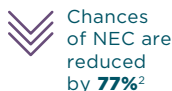
When a very low birthweight baby can access an **EXCLUSIVE HUMAN MILK DIET**:



Mortality is reduced by **75%**<sup>2</sup>



Feeding intolerance decreases<sup>4</sup>



Chances of NEC are reduced by **77%**<sup>2</sup>

## HUMAN MILK = **MEDICINE**

NICU moms often have difficulty providing all the nutrition their babies need. Any amount of human milk your baby receives is beneficial. Talk to your care team about your baby's specific nutrition needs and request support to help you achieve your goals.



<sup>1</sup> Hair AB, et al. "Beyond Necrotizing Enterocolitis Prevention: Improving Outcomes with an Exclusive Human Milk-Based Diet". Breastfeeding Medicine DOI: 10.1089/bfm.2015.0134

<sup>2</sup> Abrams SA, et al. "Greater Mortality and Morbidity in Extremely Preterm Infants Fed a Diet Containing Cow Milk Protein Products." Breastfeeding Medicine July/August 2014, 9(6): 281-285

<sup>3</sup> Hull MA et al. "Mortality and management of surgical necrotizing enterocolitis in very low birth weight neonates: a prospective cohort study." J Am Coll Surg. 2014 Jun;218(6):1148-55.

<sup>4</sup> Assad M, Elliott MJ and Abraham JH. "Decreased cost and improved feeding tolerance in VLBW infants fed an exclusive human milk diet" Journal of Perinatology advance online publication 12 November 2015; DOI: 10.1038/jp.2015.168