

Prolact+ H²MF Things to Remember

- Always refer to the Instructions For Use when preparing product
- Add human milk directly into the Prolact+ fortifier bottle
- Mix according to preparation instructions
- Gently swirl
- Refrigerate once thawed, product is good for 48 hours once the thawing process begins which is once the product is taken out of the freezer
- Do not add supplementation or medications directly to the Prolact+ fortifier and human milk mixture
- Transition slowly when weaning from an exclusive human milk diet*



Human Milk-Based Human Milk Fortifier
Prolact+4 H²MF®
24 Cal/fl oz. 82 kcal/100 mL



Human Milk-Based Human Milk Fortifier
Prolact+6 H²MF®
26 Cal/fl oz. 89 kcal/100 mL



Human Milk-Based Human Milk Fortifier
Prolact+8 H²MF®
28 Cal/fl oz. 97 kcal/100 mL



Human Milk-Based Human Milk Fortifier
Prolact+ 10 H²MF®
30 Cal/fl oz. 104 kcal/100 mL

DIRECTIONS FOR THAWING:

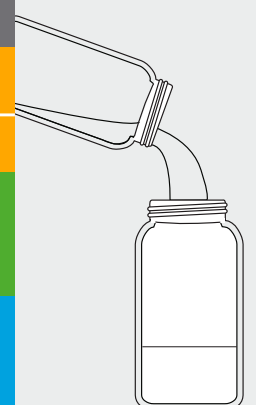
Under no circumstances should Prolact+ H²MF be defrosted or warmed in a microwave. Remove bottle of Prolact+4 H²MF, Prolact+6 H²MF, Prolact+8 H²MF or Prolact+10 H²MF from the freezer and label with date and time. Thaw product using either of the following methods:

- 1) Refrigeration: (2°C to 8°C) Place unopened bottle in refrigerator. Once thawed, must be administered within 48 hours. Do not refreeze, keep refrigerated.
- 2) Automatic: Do not put products on the thaw setting, not the warm setting. Prolacta does not recommend any one milk warmer, please always refer to manufacturers milk warming guidelines.

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PREPARATION INSTRUCTIONS:

Product	Calories	Human Milk	Liquid Fortifier	Total
Prolact+4 H ² MF	24 Cal 4:1 mixing ratio	40 mL	10 mL	50 mL
		80 mL	20 mL	100 mL
Prolact+6 H ² MF	26 Cal 7:3 mixing ratio	70 mL	30 mL	100 mL
Prolact+8 H ² MF	28 Cal 3:2 mixing ratio	60 mL	40 mL	100 mL
Prolact+10 H ² MF	30 Cal 1:1 mixing ratio	50 mL	50 mL	100 mL



TO MIX: Pour breast milk into Prolact+ H²MF container and swirl gently.

*Please refer to the clinical guideline for Prolact+ H²MF® Feeding Transition

¹ Nutritional values are based on the assumption that mother's own milk provides 1.4g of protein per 100 mL and 20 Cal/fl oz.

TO PROVIDE YOUR PRETERM PATIENT WITH A 100% HUMAN MILK-BASED DIET, CALL:
1-888-PROLACT (1-888-776-5228) • WWW.PROLACTA.COM