### Prolact+4 H²MF® Human Milk-Based Human Milk Fortifier (20 mL) Product Preparation Log Sheet

This log sheet should be completed by the staff who will prepare Prolact+4 H²MF fortifier (20 mL) for administration and feeding.

### Prolact+4 H²MF® Human Milk-Based Human Milk Fortifier (20 mL)

- **Ingredients:**
  - Water
  - Whey protein
  - Plant protein
  - Lactose
  - Fat (corn oil, palm oil, coconut oil)
  - Esters of vegetable gums
  - Minerals:**
    - Calcium
    - Phosphorus
    - Magnesium
    - Iron
    - Zinc
    - Manganese
    - Copper
    - Sodium
    - Potassium
    - Chloride

### Nutrients per 20 mL (1 bottle)

- **Protein:** 1.2 g
- **Fat:** 1.9 g
- **Carbohydrate:** 2.0 g
- **Calories:** 29.4

### Human milk, contains less than 2% of the following:

- Calcium glycerophosphate
- Calcium gluconate
- Sodium citrate
- Magnesium phosphate
- Calcium chloride
- Potassium citrate
- Calcium carbonate
- Zinc sulfate
- Cupric sulfate

### Product Code: 93901-20

### GTIN: 00812597021425

### LOT: XXXXXXXXXXX

### USE BY: Month Day, Year

### SERIAL: XXXX

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<table>
<thead>
<tr>
<th>Patient Name and MR# or Patient Label</th>
<th>Lot/Serial#</th>
<th>Date/Time Frozen Bottle Removed from Freezer</th>
<th>Discard Bottle by Date/Time*</th>
<th>mL Dispensed/ mL Remaining†</th>
<th>mL Discarded†</th>
<th>Signature of Preparer/ Co-Signer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: J. Doe ABC123XYZ</td>
<td>CF041802USA</td>
<td>Date: XX/XX/XX</td>
<td>Date: XX/XX/XX</td>
<td>80 mL</td>
<td>0 mL</td>
<td>J. Smith</td>
</tr>
<tr>
<td></td>
<td>5951</td>
<td>Time: 8:00 am</td>
<td>Time: 8:00 am</td>
<td>20 mL</td>
<td></td>
<td>S. Jones</td>
</tr>
</tbody>
</table>

*Product must be administered within 48 hours of the start of thawing or according to hospital policy regarding human milk – whichever time frame is shorter.

†When mixed with 80 mL of human milk for a total volume of 100 mL.

To provide your preterm patient with a 100% human milk-based diet, call 1-888-PROLACT (1-888-776-5228) or visit www.prolacta.com.

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MKT-0502 REV-1 8/18