

For the first time in six years, the American Academy of Pediatrics (AAP) has issued a policy statement regarding breastfeeding and the use of human milk

Recommendations include¹:

- Reaffirmation of exclusive breastfeeding for the first 6 months.
- Use of human milk for all preterm infants, whether mother's own milk or pasteurized donor human milk.
- Human milk should be fortified, with protein, minerals, and vitamins to ensure optimal nutrient intake for infants weighing <1500g at birth.

Prolact+ H²MF[®] is the only way to provide an exclusively human milk-based, fortified diet to the preterm infant.

When added to human milk, Prolact+ H²MF was clinically demonstrated to **reduce the odds of developing NEC by 77%** in premature infants weighing ≤1250 g at birth when compared to infants receiving human milk fortifier with cow's milk-based HMF or, when supply of mother's own milk was insufficient, preterm infant formula².

¹ American Academy of Pediatrics. Breastfeeding and the Use of Human Milk. Section on Breastfeeding. [originally published online February 27, 2012]. *Pediatrics*. DOI: 10.1542/peds.2011-3552

² Sullivan S, Schanler RJ, Kim JH et al: "An exclusively human milk- based diet is associated with a lower rate of necrotizing enterocolitis than a diet of human milk and bovine milk-based products". *J Pediatr* 2010 DOI: 10.1016/j.jpeds.2009.10.040